Blue Cross & Blue Shield of Rhode Island (BCBSRI) Mental Health Parity and Addiction Equity Act NQTL Comparative Analysis:

## Step therapy/fail first (non-pharmacy)

Blue Cross & Blue Shield of Rhode Island (BCBSRI), for behavioral health services, does not impose restrictions based on the cost of therapies.

As such, step therapy and fail first policies do not limit the scope or duration of behavioral health benefits and are not non-quantitative treatment limits.

Analysis Reviewed/Approved by BCBSRI's Mental Health Parity Governance Committee (PGC)	02/27/2025	
	Signed by:	Signed by:
Analysis Performed By:	Managing Director, Utilization  Management  Rosaly Cuevas  Manager, Behavioral Health Quality	Victor Pinkes  Senior Medical Director  Docusigned by:  Sarah Fleury  Sarah Fleury  754714164368483  Mng Dir, Behavioral Health
I certify that this analysis was reviewed/approved by BCBSRI's Mental Health Parity Governance Committee on the above-mentioned date.	Somia Worrell Isare  Sonia Worrell Asare  Managing Director, Compliance & Etherographics Corporate Compliance Officer	DATE: 3/13/2025 nics